

# **Kathleen Dunbar, MA, CHT, Licensed Marriage and Family Therapist #MFT 39880**

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## **Telemedicine Informed Consent Form**

I \_\_\_\_\_ (name of patient) hereby consent to engaging in telemedicine with \_\_\_\_\_ (name of provider) as part of my treatment. I understand that "telemedicine" includes the practice of health care deliver, diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. I understand that telemedicine also involves the communication of my medical/mental information, both orally and visually, to health care practitioners located in California or outside California.

I understand that I have the following rights with respect to telemedicine:

1. I have the right to withhold or withdraw consent at any time without affecting my right to future care of treatment nor risking the loss or withdrawal of any program benefits to which I would otherwise be entitled.
2. The laws that protect the confidentiality of my medical information also apply to telemedicine. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, including, but not limited to, reporting child, elder, and dependent adult abuse; expressed threats of violence towards an ascertainable victim; and where I make my mental or emotional state an issue in a legal proceeding.
3. I understand that there are risks and consequences from telemedicine, including, but not limited to, the possibility, despite reasonable efforts on the part of my provider, that: the transmissions of my medical information could be disrupted or distorted by technical failures; the transmission of my medical information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons. In addition, I understand that telemedicine based services and care may not be as complete as face-to-face services. I also understand that if my provider believes I would be better served by another form of psychotherapeutic services (e.g. face-to-face services) I will be asked to schedule an appointment in my providers' office. Finally, I understand that there are potential risks and benefits associated with any form of mental health treatment, and that despite my efforts and the efforts of my provider, my condition may not be improved, and in some cases may even get worse.
4. I understand that I may benefit from telemedicine, but that results cannot be guaranteed or assured.
5. I understand that I have a right to access my medical information and copies of my medical records in accordance with California Law.
6. I understand that telemedicine provided by my provider may not be reimbursable by my insurance company and therefore I will be solely responsible for any and all charges incurred.

I have read and understand the information provided above. I have discussed it with my provider and all of my questions have been answered to my satisfaction.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Provider

\_\_\_\_\_  
Date